

# Beltrami County Resources

## Adult Education

Bemidji NW Tech 333-3299 or 333-6600  
 Basic Education Bemidji 333-6670  
 Blackduck NW Service Coop 1-800-562-4053 ext.117  
 Cass Lake, Bena, Walker 335-4284

## Alcoholics Anonymous/ Alanon Club

Bemidji 444-2525  
 Allergy & Asthma Network 1-800-878-4403

## Alternative Education Center – Bemidji

Cass Lake ALC 335-8002  
 Battered Women's Shelter (Crisis Line) 1-800-588-6229  
 (i.e. Northwoods Coalition)

Bemidji-Northwoods Coalition 751-0211 or 444-1395  
 Red Lake 679-3443 or 679-3444

Beltrami County Day Care 333-8300

Beltrami County Extension Service 444-5722

Beltrami County Nursing Service (Family Health) 333-8140  
 or 1-888-881-7801

Birthright 751-9237 or 1-800-848-LOVE (5683)

Bemidji State University 755-2001 or 1-800-475-2001

Boys and Girls Club – Bemidji 444-4171

## Breast Feeding Support

Mary Auger Available 24/7 (H) 444-2722  
 Sanford Health 751-5430  
 Labor/OB 333-5755

Child Care Assistance (Beltrami Co.) 333-8300

Child Protection 333-4223

Parent Aware Childcare info 1-888-291-9811

Child Support 333-8300

Child/Teen Checkups (County Family Health) 333-8140

Children's Crisis Intervention & Prevention 1-800-422-0045

## Clothing Resources

St. Philip's Clothing Depot 444-3835  
 9:30a-3p T-Sat. 8<sup>th</sup> St. & Beltrami Ave NW  
 Seventh Day Advent Store 751-1985  
 Tues & Wed: 10am – 6pm 801 15<sup>th</sup> St. NW  
 Goodwill (407 Beltrami Ave NW) 759-2147  
 Twice But Nice (411 Beltrami Ave NW) 751-4241  
 TK's Closet (217 3<sup>rd</sup> St NW) 444-8406  
 United Way Coats for the Community 444-8929  
 Value Smart (144 Peaceful Meadows Dr SE) 755-9200

## Community Education

Bemidji 333-3284  
 Blackduck 835-5241  
 Kelliher 647-8806

Consumer Credit Counseling- 1-888-577-2227

Crippled Children's Clinic (Dept of Hlth) 1-800-728-5420

## Dentists:

Bagley 694-6571  
 Blackduck 835-4227  
 Bemidji Dental Clinic 751-4460  
 North Country Dental 751-1111  
 Northern Dental Access Center 444-9646  
 Great River Dentistry 751-4216  
 Park Rapids-St. Joseph's Community Dental 732-4436  
 Northern Dental Access Center 888-678-3033 or 444-9646

Drivers License Exam Station/Testing 308-2940

## Early Childhood Family Education

Bemidji 333-8329  
 Blackduck 835-5200  
 Kelliher 647-8286

## Emergency Funds: See Salvation Army or Social Services

## Family Resource Centers (Community Resource)

Bemidji 333-6856 or 333-6838  
 Blackduck Community Connections 835-5768

## Food Shelves & Programs

Bemidji: 1260 Industrial Park Drive SE 444-6580  
 (M-W-F: 10am – 3:00pm; 3rd Monday of each  
 Month, open until 5pm)

## NAPS (Nutrition Assistance Program for Senior's)

Bemidji Covenant Church 751-3369  
 Blackduck Resource Center 835-5768

WIC (Women, Infants, & Children) 333-8140

Food Support (Social Services) 333-8300

## Meals: Bemidji Soup Kitchen

M & Tues: 5pm (Mt. Zion @ 414 Lincoln Ave.)

Thurs: 5pm (Methodist @ 9<sup>th</sup> & Beltrami)

M-F (lunch) People's Church: 824 America Ave NW

Bemidji Senior Center (not free) 751-8836

## Fuel/Energy Assistance (BI-CAP) 751-4631- 1-800-332-7161

Gambling Hotline 1-800-333-HOPE

Gym Bin Child Care 444-3547

## Head Start Programs

Bemidji 751-4631

Blackduck 835-7164

Kelliher 647-8286 x1120

Leech Lake 335-8345

Ponemah 554-7331

Red Lake 679-3396

Headwaters Intervention Center: Park Rapids 732-7413

Headwaters Science Center 444-4472

Headwaters School of Music & Arts 444-5606

## Hearing Centers:

Renaissance 444-4444 or 1-800-414-5854

Deaf & Hard of Hearing 1-800-456-7589

## Housing (also see *Clothing Resources* for Thrift Stores

Regarding Household Needs/Supplies)

Evergreen House (Ages 9-17) 751-4332

~Youth Shelter & Youth/ Family Services

Evergreen Drop In Center 751-8223

~Young Adults/ Housing Program

Habitat for Humanity (Homes) 751-4649

A Brush With Kindness Loan Program 751-4649

(Outdoor Home Improvement).

Habitat's ReStore 444-6398

Home Hotline-Legal Info for Renters 1-866-866-3546

Housing, Rental Assistance & Homeless Prevention

(BI-CAP) 751-4631

Homeless Shelter: Village of Hope - Bemidji 751-0722

## HUD/HRA Rental Assistance

Bemidji—Section 8/HRA 444-4522

Cass Lake Public Housing 335-2674

Leech Lake Housing Authority 335-8280

Red Lake Housing Authority 679-3368

Rural Development (USDA) 751-1942

# Beltrami County Resources

Village of Hope (Shelter for Woman & Children) 751-0722  
 Job Service/CEP Workforce Center 333-8200  
 Kids & Co. (After School Care) (Press 2) 333-3284  
 Leech Lake Public Health Clinic 444-7186

## Legal Services

NW Minnesota 751-9201 or 1-800-450-9201  
 Anishinabe 335-2223 or 1-800-422-1335  
 Volunteer Attorney Program 1-888-529-2431

## Library

Bemidji 751-3963  
 Blackduck 835-6600  
 Northhome 897-5952

Medical Assistance 333-8300  
 MN Care Health Insurance 1-800-657-3672  
 MN Children w/Special Health Needs 1-800-728-5420  
 MN Chippewa Tribe 335-8581  
 MN Sure Health Insurance 1-855-366-7873  
 Mental Health Crisis Line 1-800-422-0045

## Mental Health Counseling:

Blackduck Resource Center 835-5768  
 Evergreen Community Services 751-8223  
 Hope House 444-6748  
 Northern Psychological Serv. 759-2825  
 North Homes Children & Family Services 751-0282  
 Students First 333-8484 or 333-8042  
 Stellher Human Services 444-2845  
 Upper Mississippi Mental Health Center 751-3280  
 or 1-800-422-7843

Wildgen - Willimek & Assoc. 751-0887  
 Northwest Technical College 333-6600  
 Northwoods Pregnancy Care Center 444-3035  
 OIC (Employment Services) NW Indian OIC 759-2022  
 Parents Info – <http://MNPARENTSKNOW.INFO>

## Pre-Schools:

Calvary Lutheran 751-1893  
 Heartland Christian Academy 751-1751  
 St. Philips 444-4262

## Physicians:

Sanford Health 759-5000 or 1-800-942-4923  
 Medexpress 751-2648  
 Blackduck Sanford Health 835-4222  
 Cass Lake Sanford Health 335-2559  
 Cass Lake Indian Health Serv. 335-3200  
 Bagley/Clearwater Clinic 694-2384  
 Northhome Clinic (Scenic Rivers HlthSer) 897-5222  
 Ponemah Health Station 554-7333  
 Redby Health Station 679-3391  
 Red Lake Indian Health Serv. 679-3912

**Poison Control** 1-800-222-1222

## Pre-School Screening

Bemidji 333-8329  
 Blackduck 835-5300  
 Kelliher 647-8286

Quit Smoking Support 1-888-354-7526  
 Red Cross 444-9490  
 Red Lake Day Care Center 679-3330

## Salvation Army – Emergency Funds:

Churches United- Noon to 4 444-1380  
 Law Enforcement-After Hours 751-9111  
 Always There Staffing 444-6533

## Sexual Assault Program ~ Support Within Reach

24 hour Crisis Line 1-800-708-2727  
 Bemidji 444-9524  
 Walker 547-4892  
 Itasca 326-5008 or 1-866-747-5008

## Social Services & Emergency Assistance:

Beltrami County 333-8300  
 Cass County 547-1340  
 Leech Lake 335-8200  
 Red Lake 679-2122

## Special Education Services:

B.R.I.C.(Blackduck & Kelliher Schools) 751-6622  
 Early Intervention – Bemidji Dist. 31 333-8329  
 Parent Advocacy for Educational Rights  
 (PACER) 1-800-53PACER  
 Suicide Prevention—Mental Health 1-800-422-0045

## Transportation:

Bemidji Cab 759-1368  
 Paul Bunyan Transit 751-8765  
 MediVan 1-800-422-0976  
 Red Lake 679-2395 or 1-877-239-9285  
 Unemployment 1-877-898-9090  
 United Way 444-8929  
 Veteran's Services 333-4177  
 Workforce Center 333-8200  
 ~CEP~Services to the Blind ~Vocational Rehabilitation  
 YouthBuild (BI-CAP) 751-4631

## EMERGENCY NUMBERS:

### Ambulance:

Bemidji 911 or 444-3328  
 Blackduck & Kelliher 911 or 751-9111  
 Red Lake 218-679-3327  
 Ponemah 218-554-7334

### Law Enforcement:

Bemidji 911 or 751-9111  
 Blackduck 911 or 835-4802  
 Cass Lake 335-2351  
 Red Lake 679-3313  
 Beltrami County Sheriffs Dept. 911 or 751-9111

### Hospital:

Bemidji 751-5430 or 1-800-833-8979  
 Cass Lake 335-3200  
 Leech Lake Tribal Referral 335-3626  
 Red Lake Indian Health Services 679-3912

### Fire Department:

Bemidji 911 or 751-8001  
 Blackduck/Hines 911 or 835-4806  
 Cass Lake 911 or 335-6195  
 Kelliher 911 or 647-8133  
 Red Lake 679-3473