

Beltrami County Resources

Adult Education

Bemidji NW Tech	333-3299 or 333-6600
Basic Education Bemidji	333-6670
Blackduck NW Service Coop	1-800-562-4053 ext.117
Cass Lake, Bena, Walker	335-4284
Alcoholics Anonymous/ Alanon Club	
Bemidji	444-2525
Allergy & Asthma Network	1-800-878-4403
Alternative Education Center – Bemidji	
Cass Lake ALC	335-2204
Battered Women's Shelter (Crisis Line)	1-800-588-6229
(i.e. Northwoods Coalition)	
Bemidji-Northwoods Coalition	751-0211 or 444-1395
Red Lake	679-3443 or 679-3444
Beltrami County Day Care	333-8300
Beltrami County Extension Service	444-5722
Beltrami County Nursing Service (Family Health)	333-8140
	or 1-888-881-7801
Birthright	751-9237 or 1-800-848-LOVE (5683)
Bemidji State University	755-2001 or 1-800-475-2001
Boys and Girls Club – Bemidji	444-4171
Breast Feeding Support	
Mary Auger	Available 24/7 (H) 444-2722
Sanford Health	751-5430
Labor/OB	333-5755
Child Care Assistance (Beltrami Co.)	333-8300
Child Protection	333-4223
Parent Aware Childcare info	1-888-291-9811
Child Support	333-8300
Child/Teen Checkups (County Family Health)	333-8140
Children's Crisis Intervention & Prevention	1-800-422-0045
Clothing Resources	
St. Philip's Clothing Depot	444-3835
9:30a-3p T-Sat. 8 th St. & Beltrami Ave NW	
Seventh Day Advent Store	751-1985
Tuesday 9am—5pm 801 15 th St. NW	
Goodwill (407 Beltrami Ave NW)	759-2147
Twice But Nice (411 Beltrami Ave NW)	751-4241
United Way Coats for the Community	444-8929

Community Education

Bemidji	333-3284
Blackduck	835-5241
Kelliher	647-8806
Consumer Credit Counseling-	1-888-577-2227
Crippled Children's Clinic (Dept of Hlth)	1-800-728-5420

Dentists:

Bagley	694-6571
Blackduck	835-4227
Bemidji Dental Clinic	751-4460
North Country Dental	751-1111
Northern Dental Access Center	444-9646
	or 888-678-3033
Great River Dentistry	751-4216
Park Rapids-St. Joseph's Community Dental	732-4436
Drivers License Exam Station/Testing	308-2940

Early Childhood Family Education

Bemidji	333-8329
Blackduck	835-5200
Kelliher	647-8286

Emergency Funds: See Salvation Army or Social Services

Family Resource Centers (Community Resource)

Bemidji	333-6856 or 333-6838
Blackduck Community Connections	835-5768

Food Shelves & Programs

Bemidji: Community Food Shelf 1260 Industrial Park Drive SE
444-6580 (M-W-F: 10am – 3:00pm)

NAPS (Nutrition Assistance Program for Seniors)

Bemidji Covenant Church	751-3369
Blackduck Resource Center	835-5768
WIC (Women, Infants, & Children)	333-8140
Food Support (Social Services)	333-8300

Meals: Bemidji Soup Kitchen

M & Tues: 5pm (Mt. Zion @ 414 Lincoln Ave.)

Thurs: 5pm (Methodist @ 9th & Beltrami)

M-F (lunch) People's Church: 824 America Ave NW

Bemidji Senior Center (not free) 751-8836

Fuel/Energy Assistance (BI-CAP) 751-4631~ 1-800-332-7161

Gambling Hotline 1-800-333-HOPE

Head Start Programs

Bemidji	751-4631
Blackduck	835-7164
Kelliher	647-8286 x1120
Leech Lake	335-8345
Ponemah	554-7331
Red Lake	679-3396

Headwaters Intervention Center: Park Rapids 732-7413

Headwaters Science Center 444-4472

Headwaters School of Music & Arts 444-5606

Hearing Centers:

Renaissance	444-4444 or 1-800-414-5854
Deaf & Hard of Hearing	1-800-456-7589

Housing (also see *Clothing Resources* for Thrift Stores

Regarding Household Needs/Supplies)	
Evergreen House (Ages 9-17)	751-4332
~Youth Shelter & Youth/ Family Services	
Evergreen Drop In Center	751-8223
~Young Adults/ Housing Program	
Habitat for Humanity (Homes)	751-4649
A Brush With Kindness Loan Program	751-4649
(Outdoor Home Improvement).	
Habitat's ReStore	444-6398
Home Hotline-Legal Info for Renters	1-866-866-3546
Housing, Rental Assistance & Homeless Prevention	
(BI-CAP)	751-4631
Homeless Shelter: Village of Hope - Bemidji	751-0722
HUD/HRA Rental Assistance	
Bemidji—Section 8/HRA	444-4522
Cass Lake Public Housing	335-2674
Leech Lake Housing Authority	335-8280
Red Lake Housing Authority	679-3368
Rural Development (USDA)	751-1942

Beltrami County Resources

Housing Continued

Village of Hope (Shelter for Woman & Children) 751-0722
Job Service/CEP Workforce Center 333-8200
 Kids & Co. (After School Care) (Press 2) 333-3284
 Leech Lake Public Health Clinic 444-7186

Legal Services

NW Minnesota 751-9201 or 1-800-450-9201
 Anishinabe 335-2223 or 1-800-422-1335
 Volunteer Attorney Program 1-888-529-2431

Library

Bemidji 751-3963
 Blackduck 835-6600
 Northome 897-5952

Medical Assistance

333-8300
 MN Care Health Insurance 1-800-657-3672
 MN Children w/Special Health Needs 1-800-728-5420
 MN Chippewa Tribe 335-8581
 MN Sure Health Insurance 1-855-366-7873
 Mental Health Crisis Line 1-800-422-0045

Mental Health Counseling:

Blackduck Resource Center 835-5768
 Evergreen Community Services 751-8223
 Hope House 444-6748
 Lake Country Associates 366-9229
 Northern Psychological Serv. 759-2825
 North Homes Children & Family Services 751-0282
 Students First 333-8484 or 333-8042
 Stellher Human Services 444-2845
 Upper Mississippi Mental Health Center 751-3280
 or 1-800-422-7843

Northwest Technical College 333-6600
 Northwoods Pregnancy Care Center 444-3035
 OIC (Employment Services) NW Indian OIC 759-2022
 Parents Info – <http://MNParentsKnow.info>
 Pre-Schools:
 Calvary Lutheran 751-1893
 Heartland Christian Academy 751-1751
 St. Philips 444-4262

Physicians:

Sanford Health 759-5000 or 1-800-942-4923
 MedExpress 751-2648
 Blackduck Sanford Health 835-4222
 Cass Lake Sanford Health 335-2559
 Cass Lake Indian Health Serv. 335-3200
 Bagley/Clearwater Clinic 694-2384
 Northome Clinic (Scenic Rivers HlthSer) 897-5222
 Ponemah Health Station 554-7333
 Redby Health Station 679-3391
 Red Lake Indian Health Serv. 679-3912

Poison Control

1-800-222-1222

Pre-School Screening

Bemidji 333-8329
 Blackduck 835-5300
 Kelliher 647-8286

Quit Smoking Support 1-888-354-7526
 Red Cross 444-9490
 Red Lake Day Care Center 679-3330

Salvation Army – Emergency Funds:

Churches United- Noon to 4 444-1380
 Law Enforcement-After Hours 751-9111
 Always There Staffing 444-6533

Sexual Assault Program ~ Support Within Reach

24 hour Crisis Line 1-800-708-2727
 Bemidji 444-9524
 Walker 547-4892
 Itasca 326-5008 or 1-866-747-5008

Social Services & Emergency Assistance:

Beltrami County 333-8300
 Cass County 547-1340
 Leech Lake 335-8200
 Red Lake 679-2122

Special Education Services:

B.R.I.C.(Blackduck & Kelliher Schools) 751-6622
 Early Intervention – Bemidji Dist. 31 333-8329
 Parent Advocacy for Educational Rights
 (PACER) 1-800-53PACER
 Suicide Prevention 1-800-273-TALK (8255)

Transportation:

Paul Bunyan Transit 751-8765
 MediVan 1-800-422-0976
 Red Lake 679-2395 or 1-877-239-9285
 Unemployment 1-877-898-9090
 United Way 444-8929
 Veteran's Services 333-4177
 Workforce Center 333-8200
 ~CEP~Services to the Blind ~Vocational Rehabilitation
 YouthBuild (BI-CAP) 751-4631

EMERGENCY NUMBERS:

Ambulance:

Bemidji 911 or 444-3328
 Blackduck & Kelliher 911 or 751-9111
 Red Lake 218-679-3327
 Ponemah 218-554-7334

Law Enforcement:

Bemidji 911 or 751-9111
 Blackduck 911 or 835-4802
 Cass Lake 335-2351
 Red Lake 679-3313
 Beltrami County Sheriffs Dept. 911 or 751-9111

Hospital:

Bemidji 751-5430 or 1-800-833-8979
 Cass Lake 335-3200
 Leech Lake Tribal Referral 335-3626
 Red Lake Indian Health Services 679-3912

Fire Department:

Bemidji 911 or 751-8001
 Blackduck/Hines 911 or 835-4806
 Cass Lake 911 or 335-6195
 Kelliher 911 or 647-8133
 Red Lake 679-3473